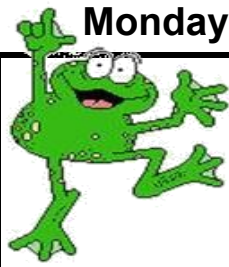


MARCH

Elementary Early Education 3-5yr Breakfast Menu

We accept free and reduced-price meal applications all year long. Contact your school for an application. They are also available on-line at: <https://nutrition.isdschools.org/>



NON-DISCRIMINATION:
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WG - Whole Grain

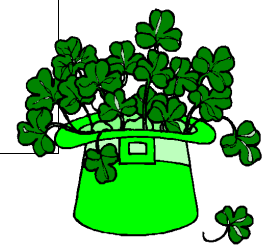
Fresh Fruits & Vegetable Offered Daily.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG BLUEBERRY BASH PANCAKES ORANGE WEDGES MILK
4 WG STRAWBERRY PANCAKES APPLESAUCE MILK	5 WG RICE CHEX WG TOAST BLUEBERRIES MILK	6 WG BISCUITS & GRAVY BANANA MILK	7 WG CONFETTI PANCAKES ORANGE WEDGES MILK	8 WG CHEERIOS WG TOAST PEARS MILK
11 WG BISCUIT CHEESY SCRAMBLED EGGS PEACHES MILK	12 WG BANANA PANCAKES PINEAPPLE CUP MILK	13 WG TRK/SAU BREAKFAST PIZZA BANANA MILK	14 WG CHEERIOS WG TOAST PEARS MILK	15 WG BLUEBERRY BASH PANCAKES ORANGE WEDGES MILK
18 WG STRAWBERRY PANCAKES APPLESAUCE MILK	19 WG RICE CHEX WG TOAST BLUEBERRIES MILK	20 WG BISCUITS & GRAVY BANANA MILK	21 WG CONFETTI PANCAKES ORANGE WEDGES MILK	22 <i>Manager's Choice</i>
25 WG BISCUIT EGG PATTY SCRAMBLE W/CHEESE PEACHES MILK	26 WG BANANA PANCAKES STRAWBERRIES MILK	27 <i>Manager's Choice</i>	28 	29



My Plate is based on the current dietary guidelines released by the government, which encourages Americans to eat more fruits, vegetables, whole grains, and fewer processed foods. It is a reminder to find your healthy eating style and build it throughout your lifetime.

Money may be deposited into your students meal account by sending cash or personal checks payable to the school nutrition center or by paying online with a credit/debit card using MyPaymentsPlus.com



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MARCH

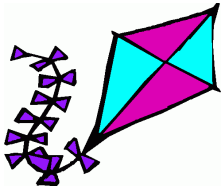

Elementary Early Education 3-5 yr Lunch Menu



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WG - Whole Grain

Fresh Fruits & Vegetable Offered Daily.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG SPAGHETTI W/ ZESTY MEATSAUCE BREADSTICK STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING PEACHES MILK
4 WG CHICKEN ALFREDO WG BREADSTICK STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING BLUEBERRIES MILK	5 WG BEEF ENCHILADAS WG MEXICAN-STYLE RICE COOKED CARROTS MIXED SALAD GREENS RANCH DRESSING HOT SPICED APPLES MILK	6 WG FISH STICKS WG TWISTED MAC N CHEESE GREEN BEANS MIXED SALAD GREENS ITALIAN DRESSING PEACHES MILK	7 HOMEMADE MEATLOAF MASHED POTATOES & GRAVY WG HOT ROLL COOKED CORN MIXED SALAD GREENS ITALIAN DRESSING PEARS MILK	8 CHILI, WG CRACKERS WG CORNBREAD MUFFIN MIXED VEGETABLES MIXED SALAD GREENS RANCH DRESSING STRAWBERRIES MILK
11 WG PIZZA CRUNCHERS MARINARA GREEN BEANS MIXED SALAD GREENS RANCH DRESSING STRAWBERRIES MILK	12 WG SOFT SHELLED TACO SALSA COOKED CORN MIXED SALAD GREENS RANCH DRESSING PEACHES MILK	13 CHICKEN TERIYAKI WG LOMEIN NOODLES W/VEGGIES PEAS MIXED SALAD GREENS RANCH DRESSING APPLESAUCE MILK	14 WG CHICKEN NUGGETS MASHED POTATOES & GRAVY WG DINNER ROLL COOKED CARROTS MIXED SALAD GREENS ITALIAN DRESSING BLUEBERRIES MILK	15 WG LASAGNA ROLLUP WG BREADSTICK STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING PEARS MILK *HOLIDAY COOKIE
18 CHICKEN & WG NOODLES WG BISCUIT PEAS & CARROTS MIXED SALAD GREENS RANCH DRESSING PEACHES MILK	19 WG CHICKEN QUESADILLA SALSA STEAMED BROCCOLI MIXED SALAD GREENS ITALIAN DRESSING STRAWBERRIES MILK	20 WG CHEESEBURGER COOKED CARROTS MIXED SALAD GREENS RANCH DRESSING BLUEBERRIES MILK	21 WG COUNTRY STYLE STEAK MASHED POTATOES & GRAVY WG HOT ROLL MIXED VEGETABLES MIXED SALAD GREENS RANCH DRESSING PEARS MILK	22 <i>Manager's Choice</i>
25 WG CHICKEN & WAFFLES, SYRUP BAKED BEANS MIXED SALAD GREENS ITALIAN DRESSING PEARS MILK	26 WG CHEESE PIZZA COOKED CORN MIXED SALAD GREENS RANCH DRESSING ROSY APPLESAUCE MILK	27 <i>Manager's Choice</i>	28 	29



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MARCH



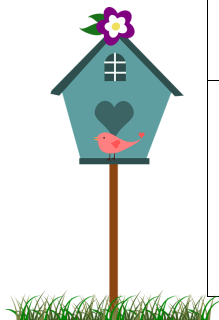
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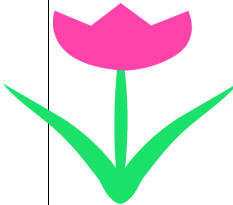

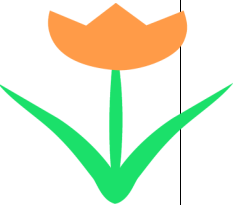

Elementary Early Education 3-5 yr Snack Menu



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WG - Whole Grain



Monday	Tuesday	Wednesday	Thursday	Friday
				1 WG GOLDFISH CRACKERS MILK
4 WG ORIGINAL GRAHAMS MILK	5 WG RASPBERRY MINI BITES MILK	6 APPLE SLICES MILK	7 WG GOLDFISH CRACKERS MILK	8 WG CRISPY VEGGIE CRACKERS MILK
11 WG GOLDFISH CRACKERS MILK	12 WG ANIMAL CRACKERS MILK	13 CINNAMON APPLESAUCE MILK	14 WG CRISPY CHEDDAR CRACKERS MILK	15 STRING CHEESE WG CRACKERS 100% APPLE JUICE
18 WG RASPBERRY MINI BITES	19 WG GOLDFISH CRACKERS MILK	20 APPLE SLICES MILK	21 WG CRISPY VEGGIE CRACKERS MILK	22 <i>Manager's Choice</i>
25 WG ANIMAL CRACKERS MILK	26 WG CRISPY CHEDDAR CRACKERS MILK	27 <i>Manager's Choice</i>	28 	29



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